

## What is a CSA?





#### **Definition**

CSA stands for "Community Supported Agriculture," and represents a system in which farmers are directly linked to consumers. Participants buy a share of the farms' produce before the seasons begins and then receive weekly allotments of the harvest. CSAs help farmers maintain a controlled income that doesn't fluctuate based on the ups and downs of market prices.



## How to get involved

Many farms have online options to sign up for a CSA, but directly contacting farms is always an option. CSA shares are often sold based on season- spring, summer, and fall- and can be purchased in these three-month increments. Seasonality will affect what kind of products customers receive- it's always a fun experience to learn how to cook new things that arrive in your box!



### **Benefits**

CSA prices reflect the true cost of production and allow farmers to use organic and humane methods to raise their crops and livestock. Food from CSAs does not travel nearly as far as food in the supermarket, which reduces the food's carbon footprint and preserves the taste and nutrients of the items. CSAa are also a great way for neighborhood residents to get to know farmers in their area!



## CSA Farms and Pickup Locations

## **Angelic Organics**

Phone: 815-389-2746 Website: https://angelicorganics.com/

Location: 1547 Rockton Road, Caledonia IL 61011

Pickup: on-site and throughout Cook, Lake, and DuPage counties

**Big Rock Organics** 

Phone: 309-231-9290 Website: https://bigrockorganics.com/

**Location:** 201 W Galena St, Big Rock, IL 60511 **Pickup**: Locations throughout Dupage County

**Bray Grove Farm** 

Phone: 815-941-1544 Website: https://www.braygrovefarm.com/

Location: Bray Grove Farm, PO Box 576, Morris, IL 60450

Pickup: Locations in Western Chicago Suburbs

**Broad Branch Farm** 

Phone: 309-231-9290 Website: https://broadbranchfarm.com/

Location: 22000 Berchtold Rd, Chillicothe, IL 61523

Pickup: Locations throughout Dupage County

**Cedar Valley Sustainable Farm** 

Phone: 815-431-9544 Website: http://www.chanticlarefarm.com/

Location: 1985 N. 309th Rd, Ottawa, IL 61350

Pickup: onsite, Naperville, and throughout Cook County

**Chanticlare Farm** 

Phone: 630-362-9418 Website: <a href="https://cedarvalleysustainable.com/">https://cedarvalleysustainable.com/</a>

Location: 1S164 Indian Knoll Rd, Winfield, IL 60190

Pickup: Kankakee, W Cook County, Winfield

**Chicago Patchwork Farm** 

Phone: 779-772-4142 Website: https://chicagopatchworkfarms.com/

Location: 2825 W Chicago Ave, Chicago IL 60622

Pickup: Locations throughout Cook County



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#### **Earth First Farms**

Phone: 269-815-3370 Website: <a href="https://www.earthfirstfarms.com/">https://www.earthfirstfarms.com/</a>

Location: 8335 Smith Road Berrien Center, MI 49102

Pickup: Chicago, South Bend, IN, delivery

**Fresh Picks** 

Phone: 847-410-0595 Website: https://www.freshpicks.com/

Location: 5625 W Howard St, Niles, IL 60714

Pickup: delivery

**FulBuschel Farm** 

Phone: 630-267-2992 Website: https://www.fulbuschelfarmandproduce.com/

Location: 5N726 Crane Rd, St. Charles, IL 60175

Pickup: delivery or pickup

**Green Earth Harvest** 

Phone: 630-428-4500 x154 Website: https://www.theconservationfoundation.org/green-earth/

Location: 8335 Smith Road Berrien Center, MI 49102

Pickup: Locations throughout Dupage County

Heritage Prairie Farm

Phone: 630-443-5989 Website: <a href="https://www.heritageprairiefarm.com/">https://www.heritageprairiefarm.com/</a>

Location: 2N308 Brundige Road Elburn, IL 60119

Pickup: Onsite, Elgin, Wheaton

**Meadow Haven Farm** 

Phone: 815-303-6223 Website: <a href="https://meadowhavenfarm.com/">https://meadowhavenfarm.com/</a>

Location: 6139 1700 North Avenue Sheffield, IL 61361

Pickup: West Chicago Suburbs, Bloomington, Peoria, Quad Cities, Onsite

Midnight Sun Farm

Phone: 815-303-6223 Website: <a href="https://midnightsunfarm.com/">https://midnightsunfarm.com/</a>

Location: 18444 County Line Rd, Harvard, IL 60033

Pickup: Locations throughout Cook County



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### **Nichols Farm and Orchard**

Phone: 815-236-1615 Website: https://www.nicholsfarm.com/

Location: 2602 Hawthorn Road, Marengo, IL 60152

Pickup: N Cook County, Lake County, and DuPage County

The Urban Canopy

Phone: 224-572-9864 Website: https://www.theurbancanopy.org/

Location: 2550 S Leavitt St, Chicago, IL 60608

Pickup: delivery

Trogg's Hollow

Phone: 872-222-5584 Website: <a href="http://www.troggshollow.com/">http://www.troggshollow.com/</a> Location: 11577 Poplar Grove Road, Poplar Grove, IL 61065

Pickup: Western Chicago region, Rockford

**Walnut Acres Farm** 

Phone: 815-343-3936 Website: https://www.walnut4meat.com/

Location: 294 Baseline Rd, Walnut, IL 61376

Pickup: Throughout Dupage County and onsite

Wellhausen Farm

Phone: 630-231-2310 Website: <a href="https://www.wellhausenfarm.com/">https://www.wellhausenfarm.com/</a>

Location: PO Box 1602 Wheaton, 60137

Pickup: delivery

CSAs are great way to support our local food system. The GardenWorks Project also encourages gardening as a ways to further improve our local food system. Check out our website for more food growing resources!

